

Solaray Vitamin B-12 Description

With Methylcobalamin for Superior Absorption

For optimal absorption, this product is designed to dissolve slowly in your mouth, preferably under your tongue. Vitamin B-12 is intended to promote healthy nerve function and healthy homocysteine levels. This product also contains methylcobalamin, a preferred form of Vitamin B-12. Methylcobalamin is thought to be utilized more efficiently by the body than other forms of vitamin B-12.

Directions

Use only as directed. Take one lozenge daily or as needed.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Lozenge
Servings per Container: 30

	Amount Per Serving	% Daily Value
Total Carbohydrate less than	1 g	<1%
Vitamin B12 (as cyanocobalamin, methylcobalamin)	5000 mcg	83,333%

Other Ingredients: Sorbitol, stearic acid, natural flavors, silica, citric acid and malic acid.

Warnings

Keep your licensed health care practitioner informed when using this product.